



himaya
For innocence in danger

POST-BLAST REPORT

WHAT HAVE WE BEEN UP
TO SINCE AUGUST 4TH?
SEPT 4- OCT 4, 2020

www.himaya.org_



@himayaleb



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OUR IMPACT 2 MONTHS LATER



ON-GROUND ACTIVITIES

himaya's Prevention Program continued providing on-ground recreational activities for children affected by the blast, in addition to specialized group interventions and focused psychosocial support sessions in Geitawi and Karm El Aris gardens, covering Achrafieh and Bechoura.



Animators were always present with himaya's team on the field, organizing recreational activities for the children



Children in Geitawi and Basta enjoyed fun activities organized by a group of volunteers from Clown Me In.



The team also gave training to a group of young volunteers to support as animators in the parks.

ON- GROUND ACTIVITIES

In addition to the recreational activities that the team organizes, children also benefit from focused psychosocial support sessions about topics related to child protection. These topics include bullying, children's rights, the types of abuse, and how to prevent it



SEPT 4- OCT 4TH, 2020

440

CHILD REACHED THROUGH
THE PREVENTION
PROGRAM

2

MAIN LOCATIONS

A young girl proudly presenting the messages that she was able to learn, while showing some love to the team.

ONLINE CBRD ACTIVITIES



120

**PARTICIPANTS
WILL IN TURN, REACH
SCOUTS ACROSS
LEBANON.**

As part of himaya's objective to capacitate local organizations on how to handle situations which involve children following the blast, himaya's Capacity Building & Research and Development Department has conducted online sessions addressed to the Commissioners of the Lebanese Scouting Federation (LSF).

These sessions will enable them to share knowledge with group leaders and leaders on how to properly handle situations of children showing signs of trauma from detection to referral.



كيف يمكنك دعم مراهق مصاب بصدمة نفسية؟

80 TEACHERS

Another Online training was conducted by the CBRD team and addressed to all teachers at Ahliyah School in Beirut (80 teachers). The training included a refresher about the school's Child Protection Policy, in addition to guidelines to keep children safe during remote learning and trauma sensitivity as some students and teachers were directly affected by the blast

ONLINE AWARENESS ACTIVITIES

2.1+M

INDIVIDUALS REACHED
THROUGH SOCIAL MEDIA &
TRADITIONAL MEDIA

Following the Beirut Blast, we continued to mobilize our media and online sources to help caregivers identify and cope with their own emotions and better manage their children's reactions, following the aftermath of the explosion.

We were able to reach more than 1.4 million+ online users through our social media pages, and an additional 65k online users with the support of influencers and the general public.



120

CASES REPEORED THROUGH
OUR SOCIAL MEDIA

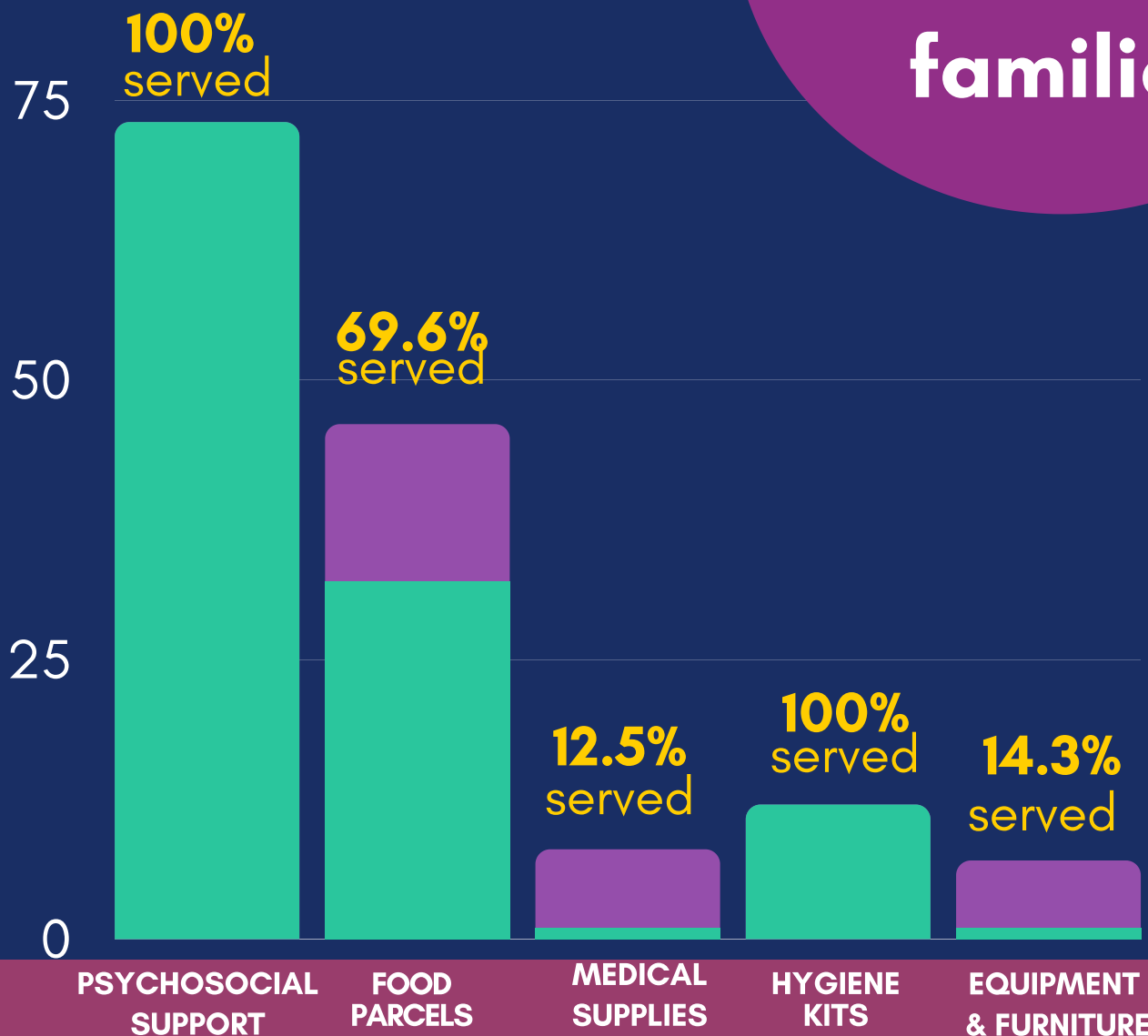
As parents have the additional responsibility of responding to their children's emotional needs during these very challenging times, we also conducted 2 additional online interviews in which we shared tips to help their children better cope with trauma. We also appeared on a local TV station to raise awareness on Digital Child Abuse.



SERVICES PROVIDED



Results
of the services
provided for
73
families



SERVICES PROVIDED

24

child in need of
**HOME FURNITURE
& EQUIPMENT**

**Remaining
66.7%**



**Provided
33.3%**

29

child in need of
HYGIENE KITS

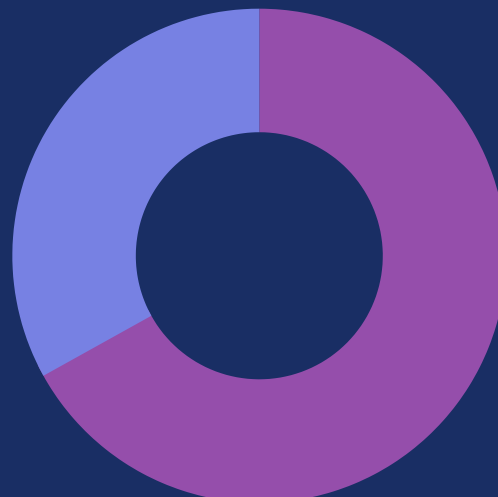
**Provided
100%**



112

child in need of
**FOOD
PARCELS**

**Remaining
33.1%**



**Provided
66.9%**

SERVICES PROVIDED

182

CHILD BENEFITED FROM
OUR PSYCHO-SOCIAL
SERVICES

148

PARENT/CAREGIVER
BENEFITED FROM OUR
PSYCHO-SOCIAL
SUPPORT



THE STORY OF YASMINA

1/2

Many scars are deeper than what we may initially think.

Almost two months after the explosion, hundreds of dedicated social workers, doctors, psychologists and volunteers have done the unimaginable to make sure every scar heals, both the physical and the psychological ones. In himaya, we have been tirelessly working to provide psychosocial support for children and families to help cope with trauma, and we can attest to the fact that many scars are much deeper than what they look like. This is the story of "Yasmine", a little 5 year-old girl who lost her eye and is showing us the true meaning of resilience.

The day of the explosion, Yasmine was playing with her brother at their home in the neighborhood of Carantina when they noticed a fire coming from the port near them. It had been a tough year for her family, who has been heavily affected by the economic crisis and were struggling to make it through. The explosion was the last straw for an already asphyxiating situation.

When the explosion reached them, it completely rocked their house, damaging the structure and destroying everything inside it. In an extremely crude turn of events, a shard of glass ripped through her ocular tissue, causing deep damage to her eye. Yasmine had lost her eye.

At first, she wasn't aware of the fact that she had lost it since her parents made sure it was covered at all times. But eventually she realized, and she was thrown into a massive panic attack. Not only did she have to cope with the trauma of surviving the explosion at such a short distance from the port, but now she had to live with the fact that she had lost an eye.

These types of injuries are distressing for everyone, but especially so for a little girl who hardly understands what is going on. Yasmine's parents made sure that every mirror and reflective surface was covered, since every time she saw herself she would have an anxiety attack and get very violent. This is when himaya intervened.

THE STORY OF YASMINA

2/2

himaya gathered her and her father together in a first session where Yasmine displayed a very strong personality and was very eloquently explaining what happened. On the second meeting, the team visited the family at their home. Despite hardships, the family was a very strong and supportive unit. They really loved each other and tried to provide a safe environment for everyone. himaya also supported the family with food and resources to help them get through.

The main purpose for himaya's team is to help Yasmine learn to live with her new condition, and to also understand that it's not irreversible, as there is a big chance for her to access regenerating surgery later on in life, when her body stop growing and developing. One of the approaches used was to put her in contact with people who also lost their eyes. She met celebrities and other people with inspiring stories about coming to terms with these types of injuries.



It's been over a month of therapy and although the progress is steadfast, the challenges are still there. She is getting better at embracing her condition and she understands that eventually she will be able to get an implant and fix her eye. She is slowly getting used to it and finding ways to empower herself, and the work of both himaya and Yasmine's doctors will ensure that she can heal both physically and psychologically soon and go back to having a normal life.



DONATIONS SINCE THE BLAST

LBP
46,331,438



USD
94,921





**WE COULDN'T BE
MORE GRATEFUL
FOR YOUR
SUPPORT**

himaya
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OUR PARTNERS

